



THRIVE

Empowered Conversations About
Sexual Health And Relationships

TTHRIVE is a 10-hour curriculum that is specifically designed to meet the needs and concerns of youth in foster care, ages 14 - 21.

Over the course of this engaging curriculum youth practice strategies for healthy communication, consent, and taking care of their sexual health.

Hear From Participants:



Since I've been coming to this class, I've been more aware of the things coming out of my mouth, and my boundaries. What I'm going to tolerate and not tolerate.



I didn't believe I would soak in as much as I did. I know now what signs to look for in a healthy and unhealthy relationship, because ultimately I need to take care of myself.



I thought I was good at relationship stuff before, but these classes have helped me catch my own yellow flags. I've grown a lot.

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