

INTRODUCING...

BRAVE CONVERSATIONS

BE THE SOMEONE THEY TALK TO

Youth in foster care need **trusted adults** in their lives who can meet them where they are, and who will listen and provide information for navigating relationships and sexuality.

Learn how to be a safe and trustworthy resource for youth in this

4 HOUR TRAINING

offered in person or virtually for **parents, caregivers, mentors** and **other adults**.



IN THIS TRAINING YOU WILL:

- learn how your personal and social values regarding sexuality might impact conversations with youth
- identify how trauma impacts dating and sexual relationships
- expand your understanding of sex, gender and sexual orientation
- practice trauma-informed, age appropriate, and inclusive strategies in conversations about sexuality, gender, and relationships
- identify strategies for setting age-appropriate boundaries and promoting normalcy for youth in care
- learn how policies in Texas guide sexual health education for youth in care and access to sexual/ reproductive health care
- discuss common questions about sexual and reproductive health and healthy relationships and identify resources and information that can be used with youth



[CLICK HERE TO LEARN MORE](#)

